



SOCRATES – COMENIUS – MULTILATERAL SCHOOL PROJECT

MEETING IN MOLINA DE SEGURA  
Murcia Region (Spain)

*“The source of our Health”*

**11 to 16 November 2012**

# REPORT



## ***"THE SOURCE OF OUR HEALTH"***

From 11 to 16 November 2012, the first work meeting on the Comenius Multilateral School Project "The Source of our Health" has been celebrated in CEIP Nuestra Señora Fatima, in Molina de Segura, Murcia Region, (Spain). The project work will last for two years. This meeting was attended by professors from the following schools that form the association of the project: Szkola Podstawowa n° 8, in Jelenia Gora (Poland), Osnovna skola Bol, in Split (Croatia), 8 th. PRIMARY SCHOOL OF ZOGRAFOU, in Athens (Greece), Nazilli Kizildere Ilkogretim Okulu, in Nazilli (Turkey), St. Richard's Catholic Primary School, in Chichester, England, in addition to the CEIP Ntra. Sra. de Fátima, the coordinator of the project.

The reason to do this project for every school has become a great motivation to meet, learn, compare and disseminate healthy lifestyle habits, in this case it deals about diet and physical activity- sport in the environment of associated schools within an international school context, which help prevent overweight and obesity in the early children age.

Similarly, we try to promote European citizenship in each educational community, respecting the identity of each town, region and country, strengthening the European dimension of education, promote the use of ICT and the knowledge of English language among pupils and teachers, get to know the organization and the educational system of each of the associated schools of this project and use the schools as the main axis to transmit healthy lifestyle habits in family settings and surroundings.

### **WELCOME TO FATIMA SCHOOL**

On Monday 11 November, teachers, who attended the meeting, were presented to entire educational community of the school. It was a simple, but very emotional ceremony chaired by Mr. Joaquín Buendía, General Director of Human Resources of the Ministry of Education. The guests, who accompanied the flag of their country, were presented to all children, parents and teachers of the school. They addressed a few words to all in English and their native language. In the same way the children of the school welcomed them in the native language of each country. The ceremony was closed with the interpretation of the anthem of the EU on the part of all presented, and the grateful words and welcome by the authorities.



Welcome ceremony

## WORKING SESSIONS

During the four days that our project "The Sources of our Health" lasted, we had seven working sessions in which we reached agreements about the activities carried out during the next four months, as well as cooperation strategies and project process evaluation. Next, we have attended talks by professionals of health and healthcare in the Town Hall of Molina de Segura on healthy menu and physical activity - sports as a prevention of obesity. We also displayed a power point presentation of CEIP Nuestra Señora de Fátima School and the Spanish educational system. Then our guests visited classrooms and observed how the lessons are taught in our school as well as what school material- coursebooks are used, etc. In the same way we have made study visits in around in order to learn about cultural aspects of Molina de Segura and Murcia Region.

The work that children of each associated school have carried out from September to November, was exchanged and displayed in the Comenius Corner. It is worth to point out a drawing competition that was realized in each school in order to choose the project mascot. Each school selected three best drawings and brought them to Molina de Segura where we together selected among all only one and finally chose our project mascot. The mascot and logo of our project became a drawing from the 8 th PRIMARY SCHOOL OF ZOGRAFOU, Athens (Greece). Osnovna skola Bol, Split (Croatia) took charge of sewing the mascot.



**Working session**



**P.E. lesson**



**Lesson views : Pre-Primary**



**Lesson views : 8-11 aged**

## RECEPTION BY THE AUTHORITIES

In the Town Hall of Molina de Segura we were received by authorities of Education, Culture, European Programmes, Health Service, both in the Murcia Region as well Molina de Segura. They were all very interested in our project. It is worth to thank for interest and welcoming by Mr. Joaquín Buendía, the General Director of Human Resources; Mrs. María Luisa Iglesias, the Head of the Service of European Programmes; Mrs. Maria Carmen Juarez, the Inspector of our school and Mrs. Maria Dolores Martínez Robles, the Councillor of Education, as well as the group of professionals who work on the projects of Healthy Menu, Sport and Health which are carried out in the schools of Molina de Segura.



Working session about health and Official reception in town hall

## CLOSING CEREMONY

It has been organized by teachers of Nuestra Señora Fátima School in the assembly hall of the Secondary School IES Vega of the Tader in Molina de Segura. Activities that were performed in the closing ceremony have been realized by the children who participate in after school classes practiced in our school. The performance was formed by the chorus of children and teachers of Fátima School, followed by amazing demonstration of rhythmic gymnastics; next, charming sample of Spanish Flamenco Dance and finally, a beautiful demonstration of Traditional Folklore of Murcia Region.



## CONCLUSIONS

The experience has been very positive for everyone. As well as the programmed activities, we, although a short time, have lived with teachers from other countries, who explained us how they work in their schools, about their culture and traditions that we have respected and, above all, *the experience of reaching agreements on a table of work where everyone talks a different language, but can understand of each other using two common languages: English language and the language of interest for a progress of education.*

## PHOTO GALLERY

